



**SCREENING CHAPTER 28
CONSUMER AND HEALTH PROTECTION**

**AGENDA ITEM VI: MENTAL HEALTH, SOCIO-ECONOMIC
DETERMINANTS OF HEALTH INEQUALITIES, ALCOHOL,
CANCER, HEALTH & ENVIRONMENT**

**Country Session: The Republic of TURKEY
6-7 July 2006**



DRUGS



CONSTITUTION OF THE REPUBLIC OF TURKEY

Article 58- The state shall take necessary measures to protect the youth from addiction to alcohol, drug addiction, crime, gambling, and similar vices, and ignorance.”



COMPETENT AUTHORITIES

- **MINISTRY OF INTERIOR**
- **MINISTRY OF HEALTH**
- **MINISTRY OF EDUCATION**



- In order to carry out the activities for fight against the use of and addiction to narcotic drugs, to determine and to coordinate the measures to be taken;

- Supreme Committee for Monitoring and Steering the Fight against Use of Narcotic Drugs” , and
- “Sub-Committee for Monitoring and Steering the Fight against Use of Narcotic Drugs”

were established with the Decree of the Council of Ministers of 25 July 1997 and No. 97/9700,

- Representatives of 18 institutions and organizations work together in these committees.



- Turkey's membership in the European Monitoring Centre for Drugs and Drug Addiction (EMCDDA), was approved as envisaged in the EU Acquis with regard to the fight against addictive substances.
- Turkish Monitoring Center for Drugs and Drug Addiction (TUBİM) was established and carries out projects in the fields of narcotic drugs and drug addiction
- TUBİM organises training activities for the target groups in the context of use of narcotic drugs.
- Accordingly, conferences and panels for students and teachers at high schools and parents of the students, personnel of the Directorate General of Prisons and Detention Houses, and for other audiences upon request are organized.
- These activities are organized with the support of Provincial Directorates of National Education and Provincial Directorates Health.



- Turkey prepared its national strategy on the fight against addictive substances in 1997.
- The strategy entered into force by the Decree of the Council of Ministers which specifies the principles of the fight against addictive substances including supply, demand and rehabilitation aspects and also defines the target groups in this field.
- During the updating works of the 5-year period strategy for the years 2003-2008, it was underlined that our national strategy should be aligned with the EU strategy for the addictive substances.
- Within this framework, the Twinning Project for the Establishment of the Turkish National Focal Point for the EMCCDA and Development and Implementation of the National Strategy for Addictive Substances has been put into force in order to meet the requirements mentioned above.



•Other cooperation activities are:

- ESPAD The European School Survey Project on Alcohol and Other Drugs 2003, 2007 (same methodology with EU)
- Cooperation with Pompidou Group of the Council of Europe, the World Health Organisation, the United Nations International Drug Control Programme
- WHO Global Fund (HIV/AIDS Prevention and Support Project (1 August 2005-31 July 2007) 3.890.000 US \$



MENTAL HEALTH



LEGAL BASIS

- **Constitution of the Republic of Turkey (Article 50, 56, 61)**
- **Law No: 1593 on General Hygiene (OG No 1489, 6 May 1930)**
- **Law No: 224 on Socialization of Healthcare Services (OG No:10705, 12 January 1961)**
- **Law No: 2828 on Social Services and Child Protection (OG No: 18059, 27.5.1983)**
- **Decree Law No: 181 on Organisation and Duties of the Ministry of Health (OG No:18251, 13 December 1983)**
- **Law No: 3816 on Covering the Health Expenses of the Citizens without the Ability to Pay by the State by Giving Green Card (OG No 21273, 03 July 1992)**



LEGAL BASIS

- **Circular No:2004/126 Assigning adequate numbers of psychiatry specialists and health personnel to every provincial state hospitals and major district hospitals; harmonising the current psychiatric services or the services to be opened with the acute psychiatric care**
- **Circular No:2005/155 Referral and Monitoring of the Persons with Mental Diseases**



CONSTITUTION OF THE REPUBLIC OF TURKEY

Article 50- Minors, women and persons with physical or mental disabilities, shall enjoy special protection with regard to working conditions

Article 56- To ensure that everyone leads their lives in conditions of physical and mental health and to secure cooperation in terms of human and material resources through economy and increased productivity, the state shall regulate central planning and functioning of the health services.

Article 61- The state shall take measures to protect the disabled and secure their integration into community life.



- **In Turkey, mental ill patients are considered as “disabled”. Thus they have right to access to care, rehabilitation, consultation and support services free of charge.**



COMPETENT AUTHORITIES

- **Ministry of Health (MoH)**
- **General Directorate of Social Services and Child Protection**
- **Municipalities**
- **Ministry of Labour and Social Security**
- **Administration for Disabled People**



WHO Declaration and Action Plan for Mental Health in Europe in 2005

- Turkey signed the WHO Declaration and Action Plan for Mental Health in Europe in 2005.
- Since then, MoH established an experts group consisting of academicians, national experts and members of NGOs to monitor or follow up the actions taken by the MoH.



WHO Declaration and Action Plan for Mental Health in Europe in 2005

Tasks of Experts Group

- Recommendations to increase bed capacity, and the number of mental health staff
- Technical studies for legislation
- Recommendations for preventive mental health



National Mental Health Policy

- Turkey completed National Mental Health Policy as of 4 July 2006
- Coordinated by MoH
- Contributions of more than 125 bodies like;
 - The Turkish Psychiatric Association,
 - Turkish Psychological Association,
 - The Child and Adolescent Mental Health Association
 - The Turkish Public Health Specialist Association.
 - Professional bodies
 - Universities
 - Social Services and Child Protection Agency
 - Ministry of Justice
 - Ministry of Education
 - Ministry of Finance



National Mental Health Policy

Main objectives:

- To improve psychosocial well-being of the public and ensure special care for people with mental disorders
- To ensure integration of health centres to mental health services
- To increase the number of applications to health institutions and counselling centres
- To decrease the prevalence of mental diseases like anxiety, depression, drug abuse, sleeping disorder and somatisation by 20%
- To prevent suicide attempts through country-wide trainings with the involvement of government organisations (schools, primary health care centers, prisons), NGO's and media



Programmes

- **Development Community based Mental Health for Schizophrenic Patients (2005-2007)**
- **Integration of Preventive Mental Health Services into Primary Health Care (2003-.....)**
- **Suicide prevention training and integration of emergency care services program (2005-)**
- **Supporting the 0-6 aged children's psycho-social development, and training of parents (2004-.....)**



Development Community based Mental Health for Schizophrenic Patients

- The MATRA supported project Development Community based Mental Health for Schizophrenic Patients
- Setting in a regional mental health facility at the Elazığ Mental Health Hospital in the Eastern part of Turkey, and will develop sheltered home facilities in the community. This project is in collaboration with HEAP Research BV and Meerkanten GGZ (the Netherlands).
- The project will have a duration of three years.
- The project has a challenging scope, as it is envisaged to discharge a number of schizophrenic patients from an in-patient.
- The concept of sheltered homes is new to Turkey.



ALCOHOL



LEGAL BASIS

- Law No: 3289, Establishment and Duties of the Youth and Sports Directorate General (OG No: 19120, 28 May 1986)
- Law No: 4250, Restraint of Spirit and Spirituous Drinks (OG No: 5130, 12 June 1942)
- Law No: 3984, Establishment and Broadcasting of Radio and Televisions (OG No: 21911, 20 April 1994)
- Law No: 4320, Protection of the Family (OG No: 23233, 17 January 1998)
- Law No: 222, Primary Education and Training, (OG No: 10705, 12 January 1961)
- Law No: 625, Private Education Institutions (OG No: 12026, 18 June 1965)
- Law No: 1593, Law on General Hygiene (OG No:1489, 06 May 1930)
- Law No: 5149, Prevention of Violence and Disorder in Sports Competitions (OG No: 25455, 07 May 2004)



LEGAL BASIS

- Law No: 1702, Promotion and Punishment of the Primary and Secondary School Teachers (OG No: 1532, 12 January 1961)
- By-law on Procedure And Basis Governing Domestic And Foreign Trade Of Alcohol And Alcoholic Beverages (OG No: 25130. 06 June 2003)
- By-law on Wholesale, Retail Sale and Selling Licences of Tobacco Products, Alcohol And Alcoholic Beverages (OG No: 24980, 31 December 2002)
- Communiqué on Principles for Alcoholic Beverages Advertisements (OG No: 25704, 18 January 2005)



CONSTITUTION OF THE REPUBLIC OF TURKEY

Article 58- The State shall take necessary measures to protect the youth from addiction to alcohol, drug addiction, crime, gambling, and similar vices, and ignorance.



COMPETENT AUTHORITIES

- **TOBACCO PRODUCTS AND ALCOHOLIC BEVERAGES
MARKET REGULATORY AUTHORITY (TAPDK)**
- **MINISTRY OF HEALTH**
- **MINISTRY OF INTERIOR**
- **MINISTRY OF NATIONAL EDUCATION**
- **BOARD OF ADVERTISEMENT**



ALCOHOL CONTROL POLICIES

Age limits for buying alcoholic beverages

	Off-premise , take-away (stores, shops, supermarkets)	On-premise , drinking on the spot (cafes, pubs, restaurants)
Beer	18 years	18 years
Wine	18 years	18 years
Spirits	18 years	18 years



ALCOHOL CONTROL POLICIES

Sales restrictions regarding off-premise sale of alcohol						
	Beer		Wine		Spirits	
	Yes	No	Yes	No	Yes	No
Hours of sale are restricted		X		X		X
Days of sale are restricted (except on election days)		X		X		X
Places of sale are restricted (200 m educational or religious buildings)	X		X		X	
Density of outlets is restricted		X		X		X



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ALCOHOL CONTROL POLICIES

Restrictions on alcohol consumption in different public domains	Health Care Establishments	Ban
	Educational Buildings	Ban
	Government offices	Ban
	Parks, streets	Partially
	Sporting events	Voluntary
	Leisure events (concerts etc)	Voluntary
	Workplaces	Ban



ALCOHOL CONTROL POLICIES

Restrictions on advertising and sponsorship

	Complete legal ban	Partial legal restriction	Voluntary agreement	No restrictions
National TV	BWS (*)			
Cable TV	BWS			
National radio	BWS			
Local radio	BWS			
Printed newspapers/magazines				BWS
Bill boards		BWS		
Internet				BWS
Points of sale		BWS		
Cinema				BWS

(*) BWS: Beer, Wine, Spirits



ALCOHOL CONTROL POLICIES

Restrictions on advertising and sponsorship				
	Complete legal ban	Partial legal restriction	Voluntary agreement	No restrictions
Alcohol industry sponsorship of sporting events		BWS		
Alcohol industry sponsorship of youth events e.g. concerts		BWS		
Sales promotion in the form of serving FREE alcohol (complying with existing age and other sales restrictions)		BWS		
Sales promotion in the form of sales below cost e.g. two for one, happy hour (complying with existing age and other sales restrictions)		BWS		



- **Drinking is much less frequent than smoking.**
- **Only 3 % of population aged 20 and older are alcoholic drink takers (excluding social drinkers)**
- **The proportion of drinkers among females is less than half of those males.**
- **According to the WHO Global Status Report on Alcohol 2004 World Health Organization Department of Mental Health and Substance Abuse Geneva 2004; total recorded alcohol per capita consumption (15+), of pure alcohol in Turkey is 1,48 litres.**



NUTRITION AND PHYSICAL ACTIVITIES



COMPETENT AUTHORITY

MINISTRY OF HEALTH



CURRENT SITUATION

- In every 5 years, Turkey Demographic and Health Survey (TDHS) is conducted.
- According to the results of TDHS 2003:
 - Obesity is increasing.
 - In women between 15-49 age group, mild obesity and obesity rates are 34,2 % and 22,7 %, respectively.



- **According to a research conducted by Turkish Cardiology Association:**
 - **The obesity prevalence is approximately 29 %.**
 - **The obesity prevalence is about 10% between the ages 20-29 and 45 % between the ages 50-59.**
- **It is aimed to “reduce the obesity prevalence by 10 % in the population over the age of 40 with the primary protection approach until 2020, and to reduce the obesity rate to 35 % until 2010 and to 50% until 2020”.**



ACTIVITIES:

- **National Food Consumption, Nutrition and Health Survey**
- **Community nutrition training programme**
- **Dietary Guidelines For Turkey**
- **Let's be nourished healthy, Let's protect our hearts**
- **Healthy Eating, Active Life and Prevention of Obesity Among Adolescences**
- **WHO Ministerial Conference on Obesity (15-17 November 2006 – İstanbul)**



CANCER



LEGAL BASIS

- By-Law on Cancer Early Diagnosis and Screening Centers (OG No:24260, 14 December 2000)
- By-Law on Cancer Registry Centers (OG No:24260, 14 December 2000)
- Decree of Council of Ministers on free of charge population based screening of breast and cervical cancer (OG No: 25924, 2 September 2005)
- Circular 2004/99 of MoH on national standards for screening of breast cancer in women
- Circular 2006/9 of MoH on cancer registry
- Circular 2006/10 of MoH on the rules and procedures to be applied in early diagnosis and screening centers
- Instruction No:60 on confidentiality of registry (24 January 2006)



ACTORS IN CANCER SCREENING

- CANCER CONTROL DEPARTMENT(CCD) of MINISTRY of HEALTH (MoH)
- PROVINCIAL HEALTH DIRECTORATES (MoH)
- CANCER REGISTRY CENTERS (MoH)
- CANCER EARLY DIAGNOSIS and SCREENING CENTERS (MoH)
- CANCER SCREENING and EDUCATION CENTERS (EU-funding)
- NGOs and COMPANIES



CANCER CONTROL DEPARTMENT(CCD)

- **Works in cooperation and coordination with the Directorates General of Primary Health Care and Curative Services as well as other related departments of MoH and Provincial Health Directorates in 81 provinces (81 Cancer Registry Centres)**
- **Collects and processes data to identify the incidences of cancers and to determine the factors effecting the occurrence of cancers**
- **Organises training programmes, activities to raise public awareness and to perform an effective cancer control.**
- **Promotes and collaborates with all the national and international actors working on cancer control.**



- Population based cancer screening programme has started.
- Decree of Council of Ministers (OG No: 25924, 2.9.2005):
Population based screening of breast and cervical cancer would be free of charge.
Decree will increase the coverage area of population based screening activities to nation wide.



- In addition to 29 Cancer Early Diagnosis and Screening Centers set up by MoH, 11 Cancer Screening and Education Centers were established under a MEDA programme.
- For the period of 2006-2007, New Cancer Screening and Education Centers (21) planned to be established by National Budget (7) and EU-funding (14).



THANK YOU FOR YOUR ATTENTION